

How to be referred

The Royal London Hospital for Integrated Medicine (RLHIM) is part of University College London Hospitals NHS foundation trust and accepts all NHS referrals.

GP referrals are by letter or via choose and book.

Patients can also be referred by their NHS hospital consultant.

Please send your referral letter to

Patient Services
Royal London Hospital
for Integrated Medicine
UCLH NHS Foundation Trust
60 Great Ormond Street
London
WC1N 3HR

Professional education and training

The Royal London Hospital for Integrated Medicine is part of the University College London Hospitals NHS Foundation Trust and is a teaching hospital.

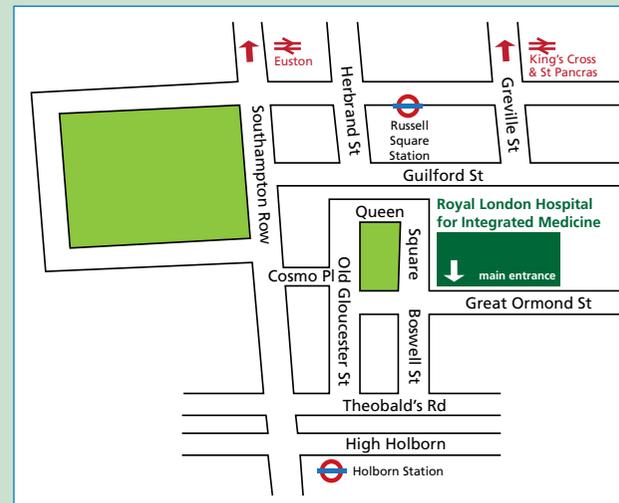
With the patients consent, other healthcare professionals may sit in during outpatient clinics.

How to find us

By Train – Euston, King's Cross and St Pancras are all only about 15 minutes walk from the hospital.

By underground – Russell Square (Piccadilly Line) and Holborn (Central and Piccadilly Lines) are both within walking distance.

By Bus – Various buses come within 15 minutes walk of the hospital including route numbers: 8, 17, 19, 25, 38, 45, 46, 55, 59, 68, 91, 168, 188, 242 and 243.



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for Integrated Medicine**
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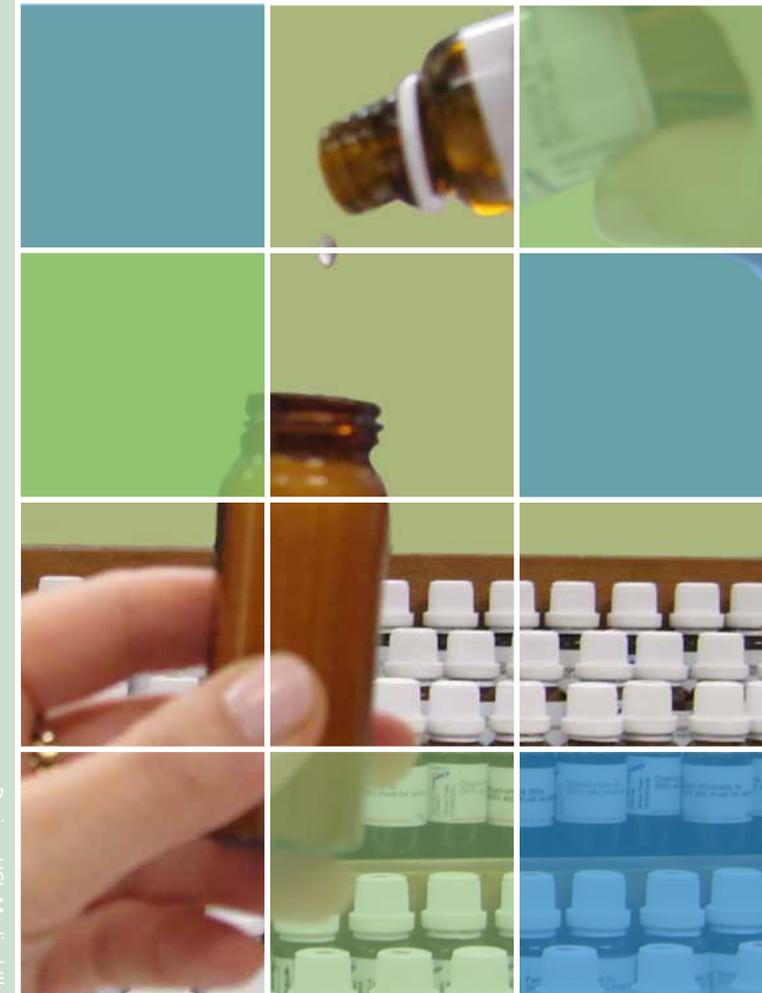
www.uclh.nhs.uk/rlhim

Pharmacy
Tel: 020 3448 2600



The Royal London Hospital for Integrated Medicine

Homeopathy



• Design: UCL Medical Illustration 2010

University College London Hospitals **NHS**
NHS Foundation Trust

The Royal London Hospital for Integrated Medicine



Homeopathy

Homeopathy is based on the idea of treating 'like with like'. Medicines which can produce an illness matching the one from which the patient is suffering are prescribed, aiming to stimulate the body's own healing.

Other key features of homeopathy include holism, constitution, idiosyncrasy and the use of the minimum dose.

"The added bonus of course is being attended to by qualified doctors who appreciate the role that conventional medicine plays alongside Homeopathic treatment. This for me is an ideal combination"

Patient feedback, NHS Choices - April 2010

Holism: sometimes described as 'treating the person, not the disease'. Questions about your lifestyle, eating habits and preferences, sleep patterns and state of mind all help build up a complete picture.

Constitution: the type of person, including build, personality, general physical features, for instance tendency to feel the heat or the cold.

Idiosyncrasy: what is unusual or atypical about you or the health problem from which you are suffering.

Minimum dose: Homeopathic medicines range from concentrated tinctures to extremely dilute medicines, some so dilute that the original substance has been completely diluted out. It is thought that the water and alcohol mixture in which the dilutions are made retain a 'memory' of the substance.

Integration

Although it has a wide range of uses, homeopathy is not an exclusive alternative, and is not the right treatment for every complaint.

It can be used alone or to complement other treatments, for instance symptoms of, or side effects of treatments for cancer. In any case it is best integrated with other treatments so that everybody involved in the patient's care communicates and works together.

Safety

Homeopathy is generally very safe. It is non-addictive and has no dangerous side effects. Homeopathy is safe to use for babies, children, pregnant and breastfeeding women under the supervision of a qualified practitioner.

