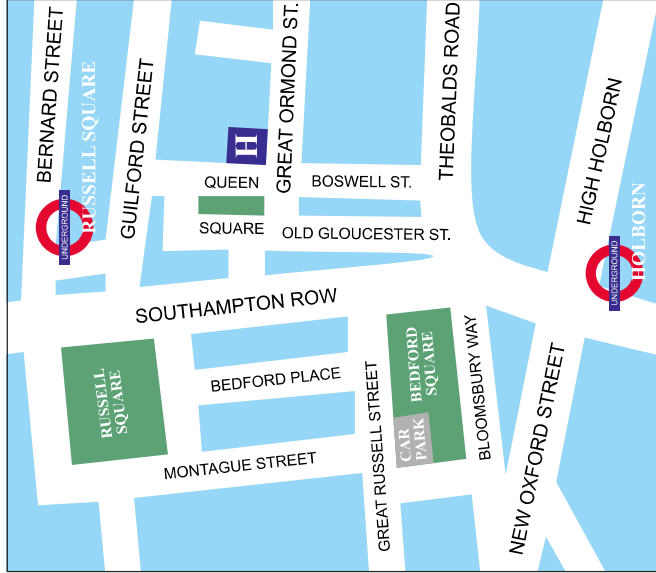


How do I get an appointment?

You can ask your GP or hospital to refer you, or you can call the clinic for an appointment on 0800 0155226 (free from a landline) or 020 7713 9437. It is not essential to have a letter of referral from your doctor when you attend the clinic, but it would be very helpful, and it is important that your doctor is aware that you are seeking acupuncture treatment. Please note that your GP or hospital may not have National Health Service funding for acupuncture and you may need to attend as a private patient. The clinic operates on a non-profitmaking basis and fees are kept as modest as possible. Please call for our list of fees and appointment availability.



Directions:

By Tube - Russell Square Station (Piccadilly Line) or Holborn Station (Central Line)

By Bus - Cosmo Place, Southampton Row. Bus Nos 59, 68, 91 and 168 stop here. Walk through to Queen Square.

Your guide to the BMAS Acupuncture Clinic

- Treatment by registered healthcare professionals
- Fees reimbursed by all the main private healthcare insurers
- Affordable treatment in a Central London hospital
- Close to tube and main line stations
- Freephone 0800 0155226



The British Medical Acupuncture Society London Teaching Clinic



The British Medical Acupuncture Society
Royal London Hospital for Integrated Medicine,
60 Great Ormond Street, London WC1N 3HR
Telephone: 020 7713 9437 or
Freephone: 0800 01 55 22 6
Email: BMASLondon@aol.com



www.medical-acupuncture.co.uk

Western medical acupuncture treatment

The BMAS offers Western medical acupuncture treatment at its independent London Teaching Clinic in Great Ormond Street. Assessment and treatment is provided or supervised by the Medical Director, who is a registered medical practitioner.

What sort of conditions respond to acupuncture?

Acupuncture is proven to be effective in a wide range of painful conditions and is commonly used in short term relief of musculoskeletal pain, including chronic low back and neck pain, knee osteoarthritis pain, migraine and tension-type headache, and temporomandibular (jaw joint) disorders (TMD)

Some other situations in which acupuncture might be used are: the symptoms of overactive bladder syndrome; shoulder pain; nausea and vomiting.



Research has shown that there may be benefits to women's health particularly in women with polycystic ovary syndrome. In this situation acupuncture can improve ovulation rates and beneficially alter hormone levels.

Clinical research has yet to confirm whether or not acupuncture is useful a useful therapy to aid weight loss, control appetite or help with smoking cessation.

Before starting a course of acupuncture the practitioner will make sure that all the necessary tests have been carried out with a view to any serious or potentially serious condition which may require other forms of treatment.

What is involved in having acupuncture?

Every patient will be given an initial assessment, followed by a course of treatment suitable for the condition. Treatment is usually provided in six consecutive appointments but may be less if the condition responds quickly. The treatment itself involves fine needles being inserted through the skin and briefly left in position. Sometimes the practitioner may move the needles a little or apply low voltage electrical current across pairs of needles to increase the effect. The number of needles used during a treatment varies but may be only one or two.

Acupuncture needles are very fine, much thinner than needles used to give injections or take blood samples.

Sterile, disposable needles are used and needles are never re-used.

If the practitioner feels that your condition can not be treated with acupuncture, you will be recommended to see your GP or an appropriate specialist. The BMAS does not claim that acupuncture can treat all conditions and it would be dangerous to do so.



Who will give the acupuncture treatment?

All BMAS acupuncturists are healthcare professionals registered in the country in which they practice, who have undertaken additional training in Western medical acupuncture. They are therefore able to use their wider medical knowledge to diagnose and safely treat conditions that are suitable for acupuncture.

Healthcare insurance

Some private healthcare insurers such as BUPA, PPP, WPA etc, pay for treatment under their healthcare policies. They will usually only do this if the treatment is being provided by certain practitioners. If you have private healthcare insurance, please telephone your insurer for further information. The Medical Director at the BMAS London Teaching Clinic is recognised as an acupuncture provider by all the main insurers.