

Centre for Integrative Care

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Centre for Integrative Care / Homeopathy

Homeopathy

Homeopathy is a very gentle system of medicine, that has been used safely and without side effects worldwide for more than 200 years.

It uses dilute versions of substances taken from the natural world.

A Homeopathic Practitioner will take a very detailed history, paying close attention to what is unique about the patient, the origin and particular symptoms of their problem and the impact the difficulty is having on their life.

This information is used to match - like treating like - the pattern of the disturbance in the person, with the specific symptoms of one of over 3000 remedies.

In this way, the remedy acts a little like an instruction manual in the patient's unique language, helping to activate the healing potential, allowing the person to gently bring themselves back to health.

For more information follow this link to British Homeopathic Association

www.britishhomeopathic.org