

centre for integrative care

We use a combination of deep listening, time and a number of complementary therapies in a safe, non-judgmental environment.



We aim to understand a person's story and in doing so enable them to make sense of their illness, even a long term chronic one and so move towards better health.

adhom academic department

www.adhom.com

- study modules for medical students
- training in therapeutic encounter
- professional homeopathic teaching
- LFHom and MFHom qualifications
- library: books, journals, literature searches, enquires, archive collection

Tel: 0141 211 1617

Link to faculty of homeopathy website:
www.facultyofhomeopathy.org



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Intranet site:
www.staffnet.ggc.scot.nhs.uk

Internet site:
www.ghh.info



centre for integrative care

glasgow
homeopathic
hospital



- out-patient consultations
- in-patient assessment
- day-care service
- wellness programmes

out-patient waiting time under 12 weeks

out-patient homeopathic consultation

in out-patients, we see as full a range of conditions as a typical GP and are happy to treat any and multiple illness.

some examples of the problems we treat:

dermatology such as eczema, acne, psoriasis...

gynaecology such as pms, endometriosis, menopause...

gastroenterology such as IBS, IBD...

allergies at a specialist allergy clinic

childhood problems, such as behavioural difficulties, recurrent infections...

neurology, such as headaches, neuralgias, symptoms associated with MS...

psychiatry, such as anxiety, depression...

complementary cancer care, including Iscador

rheumatology, such as fibromyalgia, symptoms associated with, RA, OA...

cfs-me



multi-disciplinary in-patient assessment and treatment

The 11 bed In-patient unit provides a therapeutic healing environment and a number of tools that encourage the patient to self-manage and cope better with their illness, which is often complex and challenging.



assessment typically includes:

- professional nursing and medical care
- homeopathic consultation
- physiotherapy
- acupuncture
- cranio-sacral therapy
- mindfulness meditation
- stress management classes
- occupational therapy
- tai chi
- massage

wellness programmes, general and cfs-me versions

A holistic programme designed to help the patient understand their illness, promote self-healing and encourage "wellness".



a variety of half day group meetings includes:

- an understanding of mind-body medicine, to challenge damaging cycles of behaviour
- healing through nutrition
- mindfulness meditation programme
- body awareness and relaxation practice
- physiotherapy input
- pacing and graded exercise