

Centre for Integrative Care

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Centre for Integrative Care / Acupuncture

Acupuncture

Acupuncture is a treatment that can provide short-term relief from the symptoms of some physical conditions.

The practitioner will assess each patient's case and treatment will be tailored to the individual and their needs. Typically, fine needles are inserted through the skin and left in position briefly, sometimes with manual or electrical stimulation. The number of needles varies but may be only two or three. Treatment might be once every two weeks to begin with, then at longer intervals as the condition responds. A typical course of treatment lasts 6 sessions. For further information <http://www.medical-acupuncture.co.uk/>